Ms. Tokiko Koso

Director, The National Network for the Prevention of Child Abuse (a Japanese NPO)

Tokiko Koso holds licenses as a nursery teacher, kindergarten teacher (Type II), psychologist (Level 1), and career consultant. Additionally, she holds the position of an official commentator for "Yahoo! News". After serving as an editor at Recruit Co., Ltd., she held the position of editor-in-chief at the Japanese magazine "miku" for a duration of 14 years, a publication that focused on child-rearing. She participated in the "Study Group on the Promotion of Child Rearing without Corporal Punishment" under the Japanese Ministry of Health, Labor, and Welfare in FY2019. Additionally, she has been involved in the "Subcommittee on Child Rearing through Early Childhood" under the Child and Family Agency, starting from 2023. Furthermore, she has served on several other committees at both the national and local government levels in Japan. In addition to her editorial and writing engagements, she actively participates as a guest speaker nationwide. She wrote "Managing Your Emotions while Parenting" (published by Kanki Shuppan) and other works in Japan. She has three children.